

Physician Edition — February 2019

# THE Compass

Guiding You to What's New at LewisGale Hospital Pulaski

## **The Orthopedic Program at LewisGale Hospital Pulaski**



*LewisGale Pulaski's Orthopedic and Sports Medicine team helps patients find relief from pain and gets patients back into the game of life with timeliness, expert clinical care and advanced technology. Our dedication to the advancement of orthopedics is centered on one goal: to optimize every patient's quality of life that we have the opportunity to care for. As a result, Patient Satisfaction scores for Pulaski's Outpatient Surgery group are consistently in the top quartile nationally.*

*LewisGale Pulaski's orthopedic surgeon, Dr. Ken Gray, and Sports Medicine Physician, Dr. Mike Simpson have the experience and expertise to treat your patients' joint pain, employing the latest advancements in surgical techniques and technologies to ensure that your patients return to normal activity as quickly as possible.*

*True to our mission, we are committed to the care and improvement of human life!*

### **Why choose LewisGale Pulaski?**

- ◆ Joint Commission Gold Seal of Approval® – Total Joint – Knee;
- ◆ Outstanding Outcomes — Surgical Site Infections of less than .45 per 100 patients;
- ◆ Shoulder, hip and knee replacement surgery;
- ◆ Patient-centered program with convenient scheduling;
- ◆ Convenient pre-op appointments to accommodate working individuals;
- ◆ One-on-one individualized joint replacement education;
- ◆ Friendly and caring staff;
- ◆ Full imaging services including MRI, X-ray, a **new** 64-slice CT Scanner, a **new** NucMed Camera and **new** Ultrasound;
- ◆ Experienced imaging techs;
- ◆ An experienced Orthopedic Surgeon; and
- ◆ A comprehensive Physical Therapy program for rehabilitation following surgery.



# Orthopedic Surgeon, Kenneth Gray, MD

Dr. Ken Gray received his Medical Doctorate at Indiana University School of Medicine and completed his Orthopedic Surgery Residency at Lutheran Hospital in Fort Wayne, Indiana where he received specialty training in hand, feet, pediatrics, sports medicine, and arthroscopic and joint reconstruction surgery. Dr. Gray moved to the New River Valley in 1984 and has been serving patients throughout the community for 34 years at the Radford Orthopedic Center.

Radford Orthopedic Center emphasizes treatment of the individual. Dr. Gray and his experienced staff have extensive and constantly updated practice experience and offer their patients a full range of treatment options, including:

- ◆ Children and adolescent medicine;
- ◆ Athletics and sports medicine, including arthroscopic procedures;
- ◆ Minimally invasive surgery including arthroscopic and outpatient surgery;
- ◆ Osteoarthritis joint salvage and joint sparing techniques;
- ◆ Minimally invasive total joint replacement, with experience in all current techniques;
- ◆ Occupational medicine;
- ◆ Adult and children's hand including adult Dupuytren's reconstruction, complex flexor tendon repair procedures, children's trigger finger releases, reconstruction for syndactily (web hands) and extra digits; and
- ◆ Foot and ankle procedures including arthroscopic procedures.

Dr. Gray offers a full range of options and recommendations so that patients can proceed with the choice that is **right for them**. When needed, he will proceed with more aggressive treatments, incorporating the most recent advancements in orthopedic techniques and procedures as they are available. Although he has an experienced and capable staff, when patients are seen at Radford Orthopedic Center, they are seen by Dr. Gray, licensed and continuously practicing for 39 years.

## DR. GRAY IS ACCEPTING NEW PATIENTS.

Radford Orthopedic Center, P.C.  
601 Harvey Street  
Radford, VA 24141  
(540) 639-9315  
[www.RadfordOrtho.com](http://www.RadfordOrtho.com)

**MEDICAL DEGREE:**  
Indiana University School of Medicine  
Indianapolis, Indiana

**RESIDENCY:**  
Lutheran Hospital Orthopedic Residency Program  
Fort Wayne, Indiana

**TEACHING AFFILIATIONS:**  
LewisGale Hospitals GME Clinical Professor; VCOM Assoc. Clinical Professor; WVU Osteopathic Medical Student Rotations; RU, NRCC & WCC Nursing Student Rotations; and Governors School Medical Internship Rotations.



### The Joint Commission Gold Seal of Approval — Total Joint — Knee. *Here's why it matters.*

LewisGale Pulaski received its Total Knee Certification in 2014 following months of compiling documentation on its orthopedic program and a lengthy on-site survey.

Certification is important—  
*here's why:*

- ◇ It improves the quality patient care by reducing variation in clinical process;
- ◇ It provides an objective assessment of clinical excellence;
- ◇ It creates a loyal, cohesive clinical team;
- ◇ It promotes a culture of excellence across the organization; and
- ◇ It strengthens community confidence in the quality and safety of care, treatment, and services.

## Quality matters. Choose wisely.

### Performance Improvement at Pulaski

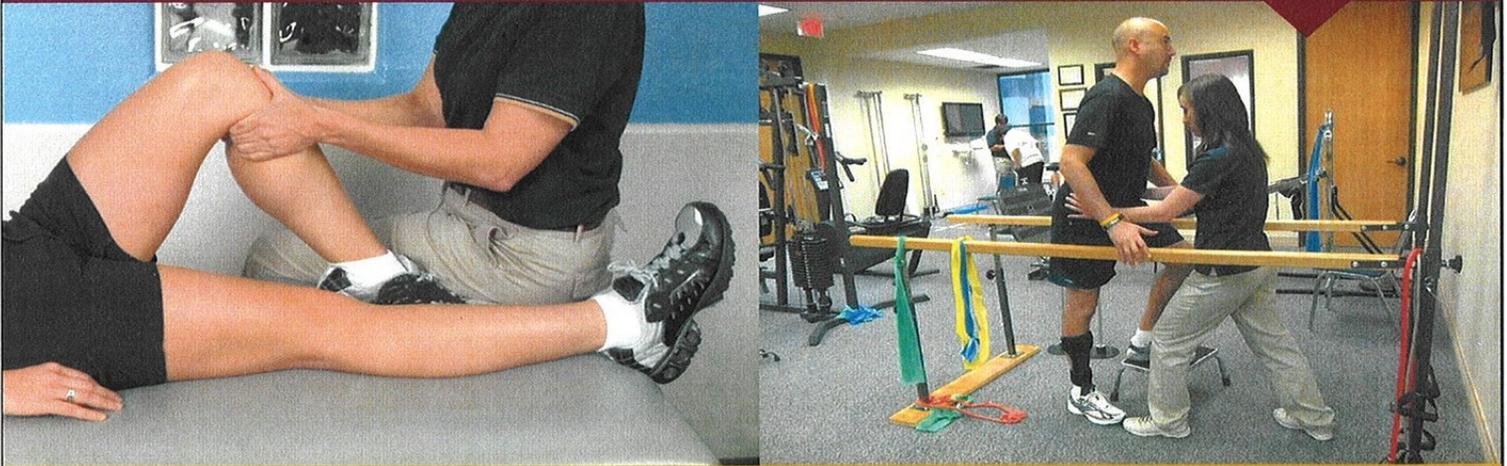
LewisGale Pulaski focuses on four key performance indicators that are critical for ensuring its successful joint replacement program:

- ◆ **Documented Pain Reassessment**—ensures that patients are at a tolerable pain level to encourage early mobility.
- ◆ **Vascular Assessment**—ensures that proper blood flow to the operative extremity is adequate to decrease the risk of post operative complications.
- ◆ **Physical Therapy Evaluation and Treatment**— early ambulation and movement after joint replacement decreases risk factors, improves outcomes and decreases levels of pain.
- ◆ **Surgical Site Infection Prevention**— results in improved patient outcomes, patient satisfaction and reduced readmission rates.

*These measures ensure that your patients return to normal activity as quickly as possible!*



# LewisGale Hospital Pulaski Physical Rehabilitation Services



## Outpatient Physical Rehabilitation Services at LewisGale Pulaski

LewisGale Pulaski offers a complete array of Outpatient Physical Rehabilitation services including Physical Therapy, Occupational Therapy, Speech Therapy and Wound Care. The Therapy staff at LewisGale Pulaski has a combined total of over 100 years of rehabilitation experience. In addition, we offer the following services:

-  **A Certified Lymphedema Therapist -**  
Lymphedema is characterized by an excessive accumulation of protein-rich fluid in the superficial tissues. The earlier lymphedema is recognized and diagnosed, the easier it is to successfully treat it. LewisGale is the only provider of this service in Pulaski County.
-  **Vital Stimulation Certification -**  
Vital Stimulation is a specialized form of neuromuscular electrical stimulation that re-trains the pharyngeal muscles in the throat, essentially re-educating the functional muscle use patterns necessary to initiate or re-establish swallowing.

### ONE-ON-ONE THERAPY

LewisGale Pulaski is unique in its one-on-one approach to therapy. Our staff take a personal interest in each patient's unique condition and dedicate our efforts to realize the best possible outcome in an efficient and effective way. Our mission is to help every patient achieve and maximize his or her level of physical function and pain relief. We are committed to providing an environment for our patients, referring physicians, and staff that is supportive and positive.

Appointments can be scheduled by calling 994-8570, or orders can be faxed to 994-8326.



**LewisGale Hospital  
Pulaski**

*HCA Virginia Health System*  
An HCA affiliate